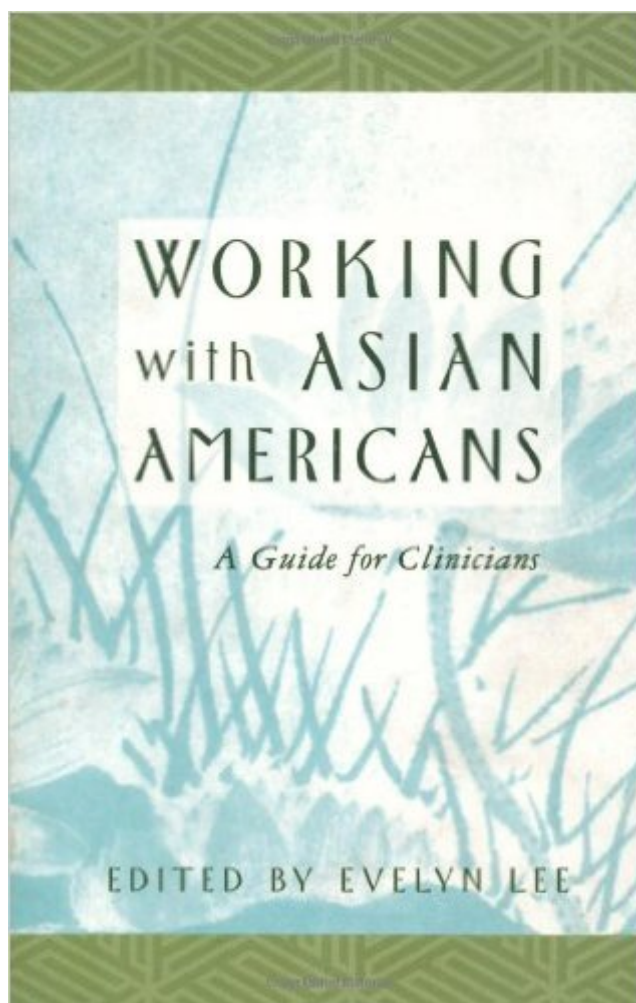


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# Working With Asian Americans: A Guide For Clinicians



## Synopsis

An essential resource for mental health practitioners, this clinically oriented handbook illuminates the relationship between cultural and interpersonal issues in therapeutic work with Asian American clients. Drawing on both research and clinical practice, contributing authors describe the normative family dynamics and practices of a range of Asian American groups, address important developmental and life cycle issues, offer guidelines for understanding and treating specific disorders, and discuss the use of different therapeutic modalities within this diverse population. Special topics covered include language barriers in treatment, Asian Americans and PTSD, lesbian/gay and women's concerns, domestic violence, religion and spirituality, and intermarriage.

## Book Information

Paperback: 504 pages

Publisher: The Guilford Press; 1 edition (March 10, 2000)

Language: English

ISBN-10: 1572305703

ISBN-13: 978-1572305700

Product Dimensions: 9.2 x 6 x 1.1 inches

Shipping Weight: 1.6 pounds

Average Customer Review: 4.0 out of 5 stars [See all reviews](#) (2 customer reviews)

Best Sellers Rank: #1,544,533 in Books (See Top 100 in Books) #189 in [Books > Medical Books > Psychology > Ethnopsychology](#) #701 in [Books > Health, Fitness & Dieting > Psychology & Counseling > Reference](#) #708 in [Books > Medical Books > Psychology > Reference](#)

## Customer Reviews

This is an anthology written predominantly by Asian-American psychotherapists for their peers of all races. In this book, they attempt to elucidate how Asian and Asian-American clients may be different from others and how to serve them most effectively. The topics are divided into descriptions of specific ethnicities, Asians in different phases of the life cycle, and special Asian populations (refugees, the monolingual, gay Asians, etc.). This book is neither too academic for lay readers or too plain for academic readers. This book varies on its authors' views about whether Asian clients should be given same-ethnicity therapists. The chapters are quite short. My big problem is that the chapters in total repeat themselves often and verge into the stereotypical. After reading a chunk of the book, you'd think all Asians were shy, academic, family- and community-cloistered, etc. I would recommend that all therapists in Boston, Hawaii, and the West Coast get this text. Still, it left me

unfulfilled in some areas.

Great resource tool for any mental health clinician looking to improve their cultural competency skills with Asian/Pacific Islanders.

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